

Anastasia Lam

Curriculum Vitae

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Education

11.2020–09.2024 **PhD in Population Health**, *University of St Andrews & Max Planck Institute for Demographic Research*, Passed with no corrections.
Thesis: "Growing old with multimorbidity: How our differences shape the years we live with disease", supervised by Dr. Katherine Keenan, Prof Hill Kulu, & Prof Mikko Myrskylä

09.2017–08.2018 **Master of Public Health**, *University of Edinburgh*, Passed with merit.
Dissertation: "Diabetes comorbidities in low- and middle-income countries: An umbrella review", supervised by Dr. Caroline Jackson

09.2011–06.2015 **BS General Biology**, *University of California, San Diego*

Current positions

Since 10.2024 **Postdoctoral Researcher**, *Humboldt Universität zu Berlin*, Berlin, Germany

Since 10.2024 **Postdoctoral Researcher**, *Einstein Center Population Diversity*, Berlin, Germany

Since 11.2024 **Guest Researcher**, *German Institute for Economic Research (DIW)*, Berlin, Germany

Since 02.2022 **Affiliated Researcher**, *Stockholm University*, Stockholm, Sweden

Past positions

02.2019–12.2020 **Research Assistant**, *Department of Medical Epidemiology and Biostatistics, Karolinska Institutet*, Stockholm, Sweden

Peer-reviewed publications

2025 **Lam, A.**, Vierboom, Y., & West, J. (2025). Gender differences in self-reported hearing loss and hearing aid use: A cross-national comparison. *BMJ Global Health*, 10:e017655. <https://doi.org/10.1136/bmjgh-2024-017655>

Lam, A., Keenan, K., Myrskylä, M. & Kulu, H. (2024). Disease accumulation across birth cohorts in South Korea. *The Journals of Gerontology: Series B*, Volume 80, Issue 11, November 2025, gbaf136. <https://doi.org/10.1093/geronb/gbaf136>.

2024 **Lam, A.**, Keenan, K., Cézard, G., Kulu, H., & Myrskylä, M. (2024). Inequalities in disability-free and disabling multimorbid life expectancy in Costa Rica, Mexico, and the United States. *The Journals of Gerontology: Series B*, Volume 79, Issue 8, August 2024, gbae093. <https://doi.org/10.1093/geronb/gbae093>

Lam, A., Keenan, K., Myrskylä, M., & Kulu, H. Multimorbid life expectancy across race, socio-economic status, and sex in South Africa. (2024). *Population Studies*, 1–26. <https://doi.org/10.1080/00324728.2024.2331447>

2022 Ning, Y., **Lam, A.** & Reilly, M. (2022). Estimating risk ratio from any standard epidemiological design by doubling the cases. *BMC Med Res Methodol* 22, 157. <https://doi.org/10.1186/s12874-022-01636-3>

2021 **Lam, A. A.**, Lepe, A., Wild, S. H., & Jackson, C. (2021). Diabetes comorbidities in low- and middle-income countries: An umbrella review. *Journal of global health*, 11, 04040. <https://doi.org/10.7189/jogh.11.04040>

Working papers

2024 **Lam, A.**, Keenan, K., Kulu, H., & Myrskylä, M. (2024). Working longer despite poorer health? Inequalities in working and health expectancies at older ages in South Korea. *MPIDR Working Paper WP-2024-022, 56 pages*. Rostock, Max Planck Institute for Demographic Research. <https://doi.org/10.4054/MPIDR-WP-2024-022>. → *Revise & resubmit in Population Studies*

Works in progress

Submitted **Lam, A.**, Wilson, B. & Wallace, M. Under-15 mortality among children of immigrants in Sweden: a total-population cohort study. *Submitted to The Lancet Regional Health - Europe*

Lam, A. & Lersch, P.M. Diffusion of cumulative advantage? How wealth and health trajectories co-evolve across the life course among older adults. *Submitted to The Journals of Gerontology: Series B*

In-progress **Lam, A.**, Tréguier, J., Lersch, P.M., & Haan, P. The impact of parental health shocks on adult children's wealth. *Will submit to Demography*

Lam, A. Health, family, and socioeconomic predictors of working in older age among individuals with multimorbidity in South Korea

Lam, A. Healthy and unhealthy working life expectancy across emerging welfare states: How micro- and macro-Level factors shape who works longer in poorer health

Lam, A. & Nepomuceno, M. Trends in tuberculosis and chronic disease mortality

Academic conference presentations

Oral CEPAR International Conference (2023)

British Society for Population Studies Annual Conference (2023)

European Consortium for Sociological Research Annual Conference (2025)

European Population Conference (2022, 2024)

IUSSP International Population Conference (2021)

Nordic Demographic Symposium (2022, 2025)

Population Association of America Annual Meeting (2022, 2025)

REVES Annual Meeting (2023, 2025)

Workshop on Ageing and Health of Older Persons in Sub-Saharan Africa (2023)

Poster British Society for Population Studies Annual Conference (2021)

Population Association of America Annual Meeting (2022, 2025)

Seminar talks

02.2025 Inequalities in working and health expectancies at older ages in South Korea. DIW Berlin SOEP Colloquium

02.2024 Inequalities in working and health expectancies at older ages in South Korea. Centre d'Estudis Demogràfics Colloquium

07.2023 Disease accumulation across cohorts in South Korea. Australian National University School of Demography Seminar Series

03.2022 Inequalities in time spent living with multimorbidity. Stockholm University Demography Unit Demographic Colloquium Series

08.2021 Multimorbidity patterns in Costa Rica and Mexico: a multistate modelling approach. Digital Health Science Initiative Seminar at the University of St Andrews

Teaching experience

2025-2026 **Lecturer.** Department of Social Sciences, Humboldt-Universität zu Berlin. Bachelor's level: Social Inequalities in Health

2021 **Demonstrating lead.** School of Geography and Sustainable Development, University of St Andrews. Bachelor's level: Advanced Quantitative Methods

2020 **Teaching assistant.** Department of Medical Epidemiology and Biostatistics. PhD level: Extensions to Designs and Analyses of Case-control Studies.
Lecturer: Department of Global Public Health, Karolinska Institutet. Master's level: Applied Epidemiology I

Funding

2023 CEPAR 2023 International Conference Travel Bursary (AUD 1500/EUR 905)

2022 Santander Research Mobility Award (GBP 665/EUR 780)
Scottish Graduate School of Social Sciences: Saltire Emerging Researcher Programme (GBP 3250/EUR 3810)

2020 St Andrews-Max Planck PhD Studentship in Population Health (GBP 87,280/ EUR 100,000)

Research visits

2024 Centre d'Estudis Demogràfics, Universitat Autònoma de Barcelona (1 week)

2023 The Australian National University School of Demography (2 weeks)

2022 Stockholm University Demography Unit (SUDA) (6 weeks)

Relevant work experience

05.2016–10.2016 **Community Health Outreach Volunteer, Peace Corps, Mozambique**

Service to the discipline

Since 04.2025 **Early Career Researcher Representative, Einstein Center Population Diversity**

Reviewer Demography, European Journal of Population, Scientific Reports, Scandinavian Journal of Primary Health Care, Journal of Multimorbidity and Comorbidity, Journal of Religion and Health, Infectious Diseases of Poverty

External reviewer IIASA Peccei/Mikhalevich Awards

Skills

Computing R (Advanced), Stata (Intermediate), L^AT_EX(Intermediate)

Languages English (native); Spanish, Portuguese, German (basic)